



COVID-19 RE-OPENING INFORMATION

OUR OBJECTIVE IS TO CONTINUE TO PROVIDE ALL VALLEY ATHLETES WITH A SAFE, FUN, HEALTHY & DISCIPLINED ENVIRONMENT. OUR TOP PRIORITY IS PROTECTING OUR ATHLETES, FAMILIES AND STAFF.

GENERAL INFORMATION

● ATHLETES, PARENTS, FAMILY MEMBERS, STAFF AND OTHERS THAT MAY HAVE ANY SYMPTOMS RELATED TO COVID-19, A COLD OR VIRUS OR THE FLU ARE ASKED TO PLEASE STAY HOME UNTIL THEY DO NOT HAVE ANY SYMPTOMS.

● EVERYONE ENTERING AND EXITING VALLEY GYMNASTICS TRAINING CENTER WILL NEED TO HAVE A FACE MASK ON AND WILL HAVE TO PASS A DAILY HEALTH SCREENING.

● A TABLE IS LOCATED RIGHT INSIDE OF THE FRONT DOOR IN THE LOBBY. EVERYONE WILL NEED TO STOP AT THE TABLE, HAND SANITIZE AND COMPLETE THE DAILY HEALTH SCREENING.

DAILY HEALTH SCREENING

EACH PERSONS TEMPERATURE WILL BE TAKEN PRIOR TO ENTERING -ANYONE'S TEMPERATURE THAT IS 100.0 DEGREES FAHRENHEIT OR ABOVE WILL NOT BE ABLE TO ENTER.

THREE QUESTIONS WILL BE ASKED:

1. HAVE YOU HAD ANY KNOWN CONTACT WITH A PERSON CONFIRMED OR SUSPECTED TO HAVE COVID-19 IN THE PAST 14 DAYS?
2. ARE YOU CURRENTLY EXPERIENCING ANY OF THE FOLLOWING SYMPTOMS?
*COUGH *SHORTNESS OF BREATH *TROUBLE BREATHING
*FEVER *CHILLS *MUSCLE PAIN *HEADACHE
*SORE THROAT *NEW LOSS OF TASTE *NEW LOSS OF SMELL
3. HAVE YOU TESTED POSITIVE FOR COVID-19 THROUGH A DIAGNOSTIC TEST IN THE PAST 14 DAYS?

IF YOU HAVE ANSWERED “**NO**” TO ALL OF THE QUESTIONS, YOU HAVE PASSED AND CAN ENTER VALLEY GYMNASTICS TRAINING CENTER.

IF YOU HAVE ANSWERED “**YES**” TO ANY OF THE QUESTIONS, YOU WILL NOT BE ALLOWED TO ENTER VALLEY GYMNASTICS TRAINING CENTER.

IF THE HEALTH SCREENING TEST IS PASSED

- ATHLETES WILL FOLLOW THE SOCIAL DISTANCED FLOOR MARKERS INTO THE GYM.
- PARENTS WILL FOLLOW THE SOCIAL DISTANCED FLOOR MARKERS TO THE FRONT DESK (THERE ARE CURRENTLY TWO PATHS TO THE FRONT DESK AND 1 PATH TO THE MERCHANDISE & FRONT DESK) OR A PARENT VIEWING AREA. **PLEASE NOTE: ALL CHAIRS NEED TO STAY IN THEIR CURRENT SPOT IN OUR PARENT VIEWING AREAS.**
- EMPLOYEES WILL FOLLOW THE SOCIAL DISTANCED FLOOR MARKERS INTO THE STAFF ROOM-WHERE THEY WILL TAKE OFF THEIR OUTSIDE SHOES AND WILL PUT ON THEIR “GYM” SHOES, WASH THEIR HANDS AND REPORT TO THEIR LOCATION IN THE GYM.

- ATHLETES ARE NOT REQUIRED TO WEAR A MASK WHILE THEY ARE PARTICIPATING. HOWEVER, IF ANY ATHLETE WOULD LIKE TO WEAR A MASK THEY CAN AS LONG AS THEY ARE SAFE WHILE WEARING IT.

- STAFF WILL WEAR A MASK IF THEY ARE CLOSER THAN 10FT TO ANY ATHLETE OR ASSISTING AN ATHLETE.

- PARENTS/SPECTATORS WILL NEED TO WEAR A MASK AND MAINTAIN SOCIAL DISTANCING.

FACILITY INFORMATION

- THE GYM, LOBBY AND ALL BATHROOMS HAVE BEEN CLEANED AND DISINFECTED MULTIPLE TIMES IN PREPARATION TO RE-OPEN.

- EACH AREA WILL BE CLEANED AND DISINFECTED BEFORE AND AFTER EVERY CLASS/PRACTICE.

****WE WILL ALSO HAVE ONE/TWO STAFF CLEANING THE EQUIPMENT DURING THE CLASSES.****

*****RECOMMENDED PRODUCTS THAT ARE EFFECTIVE AGAINST COVID-19 WILL BE USED*****

- ATHLETES WILL NEED TO HAND SANITIZE OR WASH THEIR HANDS BEFORE AND AFTER EACH EVENT.

- 6-FOOT SOCIAL DISTANCING MARKERS HAVE BEEN PLACED THROUGHOUT THE LOBBY AND GYM FOR EASY DIRECTION.

- THERE ARE MULTIPLE HAND SANITIZING STATIONS THROUGHOUT THE LOBBY AND THE GYM, AS WELL AS TWO BATHROOMS IN THE LOBBY AND TWO BATHROOMS AND A SINK IN THE GYM.

- THE WATER FOUNTAIN UNFORTUNATELY WILL BE OUT OF USE.

- PLEXIGLASS BARRIERS HAVE BEEN ADDED TO THE FRONT DESK.

THANK YOU FOR BEING A MEMBER OF OUR VALLEY FAMILY!